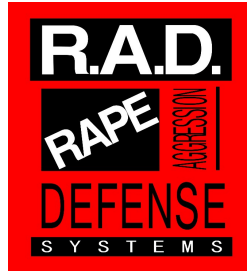


BERLIN POLICE DEPARTMENT

Deputy Chief of Police · Chris Ciuci

PRESS RELEASE

R.A.D. (Rape Aggression Defense) Instruction



The Berlin Police Department will be offering a women's self-defense tactics course December 11th – 13th at Berlin High School. The course will be held in the east mezzanine from 5:30 PM to 8:30 PM each night. Officer Tyler Cyr and Detective Ted Fuini are certified instructors of the R.A.D. (Rape Aggression Defense) system and will be teaching the class.

The R.A.D. system balances the need for women to acquire self-defense education in a relatively short period of time, with the lifelong commitment required for physical skill mastery. The course involves three, three-hour blocks of instruction, designed to work in tandem to progressively build self-defense skills. For this reason attendance is required at all three sessions. The course will be comprised of both lecture and practical skills that require moderate physical activity.

The course is open to women who work or reside in Berlin and participants must be at least 16 years of age. There is no cost associated with the training and it will be limited to twenty people on a first come first served basis.

To register for the course or if you have any questions please contact Officer Tyler Cyr at tcyr@berlinpd.org / (860) 828-7080 or Detective Ted Fuini at tfuini@berlinpd.org / (860) 828-7090.

The deadline to register is December 1st 2018.

A handwritten signature in black ink, appearing to read "Chris Ciuci".

Chris Ciuci
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