



2019 STEP INTO SUMMER FOUR-TOWN WALKING COMPETITION

APRIL 28, 2019 – JUNE 8, 2019

Are you a resident or employee of Berlin, Newington, Rocky Hill, or Wethersfield? If so, the Central Connecticut Health District invites you to join us as we get healthier and have a little friendly neighborhood competition! **All ages welcome and encouraged to participate. Registration begins April 15, 2019 on www.ccthd.org or www.cchd4town.walkertracker.com**



**Had enough of
being inside??**

**The Walking
Competition is
back!**

**Berlin has won
the last 3
years. Just
sayin'.**

**Your town
needs you!!!**

**FOR MORE
INFORMATION,
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Central Connecticut
Health District