

# Walking Club



**Enjoy the outdoors with a little pep in your step!!**

**We are starting up a Berlin Senior Center Walking Club. The group will be led by Staff member, Cheryl. Walks will be scheduled every other Thursday at 10:00 a.m., beginning with our first walk on Thursday, June 3<sup>rd</sup> at Veterans Park. This first walk will be an easy stroll. We will evaluate each walk as we plan the next walk within our community.**

**Hope you are able to join us! Pre-registration is required by calling the Center at (860) 828-7006.**