

BERLIN PARKS AND RECREATION DEPARTMENT

YOUTH AND ADULT SUMMER TENNIS LESSONS

Youth and Adult Tennis lessons will be offered according to the following schedule, at the outdoor tennis courts at Berlin High School. Head instructor is from the Tennis and Fitness Center of Rocky Hill. If there is inclement weather or wet courts, classes will be held the same day and time at the Tennis and Fitness Center in Rocky Hill. Directions and cancellation information will be available when you register, if you register on-line. **First session** June 28-July 15, **2nd session** July 19-August 5. Deadline to register is the last business day before each session is to begin. Age as of June 28 for 1st session, July 19 for 2nd session. Resident fees are \$95/non-resident fees are \$105. Please check out the age groups and class descriptions below. Registration on WebTrac starts May 31 for residents and June 7 for non-residents.



4-8 Red Ball Class: Lessons utilizing larger, slower tennis balls on a smaller 36' court. Children will be able to develop tennis skills at a higher rate of success, enabling them to adapt the same skills when moving to faster, larger courts when appropriate.

10U Orange Ball: Using a standard size orange dot tennis ball, students at this level will further develop their technical skills and begin holding rallies on their own, serving and match play scoring.

12U Green Ball: Full court play using lower compression green dot ball. Great transition from orange ball students moving up a level as well as for the rapid development of older beginner players, emphasizing technique, rallying, and match play skills.

14U + High School Players Yellow Ball: Applying Level based play to maximize outcomes. Students will be grouped by ability level, not age and will transition from Green ball play to standard Yellow ball. This level will continue with techniques and skills development while fine tuning their skills to prepare them for successful match play at the amateur and more competitive high school play.

Adult lessons – for those 18 and older. For beginners to advanced looking to play tennis or tune up their game.

1st session	<u>Monday and Wednesday</u> – June 28, 30, July 7, 9*, 12, 14 *No class July 5	
	4-8 yrs Red Ball class from 9-10 a.m.	Program #220601A1
June 28 – July 15	10U Orange Ball class from 10-11 a.m.	Program #220601B1
	Adult from 11 a.m.-12 p.m.	Program #220601E
	<u>Tuesday and Thursday</u> – June 29, July 1, 6, 8, 13, 15	
	12U Green Ball class from 9-10 a.m.	Program #220601C1
	14U & High School Yellow Ball class from 10-11 a.m.	Program #220601D
	Adult from 11 a.m.-12 p.m.	Program #220601E2
2nd session	<u>Monday and Wednesday</u> – July 19, 21, 26, 28 Aug 2, 4	
	4-8 yrs Red Ball class from 9-10 a.m.	Program #220601A2
July 19-Aug 5	10U Orange Ball class from 10-11 a.m.	Program #220601B2
	Adult from 11 a.m.-12 p.m.	Program #220601F
	<u>Tuesday and Thursday</u> – July 20, 22, 27, 29, Aug 3, 5	
	12U Green Ball class from 9-10 a.m.	Program #220601C2
	14U & High School Yellow Ball class from 10-11 a.m.	Program #220601D2
	Adult from 11 a.m.-12 p.m.	Program #220601F2